

## What is Vaak Siddhi?

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### Rami Sivan

, Priest, Dharma teacher, counsellor, Gov. Advisor (1998-present)

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**Vāk siddhi** is the mystic power of “asseveration” that comes from a long practice of speaking the truth. So in other words if someone is in the habit of speaking the truth then they will obtain the power of being able to bless a person and their blessing will come true.

This is the reason why Hindus always request Brahmin priests to pronounce a blessing on them since they believe that Brahmins are dedicated to speaking the truth, the whole truth and nothing but the truth and therefore from their *vāk-siddhi* the blessing pronounced will be fruitful.

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### Kilaya Harris

Updated 2 years ago · Author has 967 answers and 1.3M answer views

I think this is the one where anything you say comes true. To me the best thing about developing siddhis organically as a maturation of your practice vs. cultivating them intentionally is that when it happens spontaneously you are

protected from the karma of being the doer and all of the associated ego dangers. But If you have an ulterior motive or you use your willpower & tapasia & sankalpas to develop them, or if you think that it's you doing it, then you're in really deep karmic shit. Especially if the goal is liberation from transmigration, accumulating heavy karma is exactly what we don't want. Here's the thing about siddhis- if you have a real practice and your heart is open, all types of siddhis arise spontaneously as an expression of grace exactly as needed, & you will be invoking them from a place of love & surrender for a higher, unselfish purpose. And without having to do intense tapasia. Someone said it's not a question of whether or not you will be seduced by the power of siddhis, only when, and how you will respond.

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[Parama Devi](#)

, Founder and Director at Jagannatha Vallabha Vedic Research Center

[Answered 2 years ago](#) · Author has **5K** answers and **2.3M** answer views

Vak siddhi is “the perfection of speech”, one of the easiest among the siddhis.

It can be attained by always practicing satyam, truthfulness, reciting appropriate mantra and shastra, often observing silence, and speaking for the benefit of others. When you have attained this siddhi, whatever you say will actually happen.

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## Vyuha Karmin

, Wayfarer

Updated 1 year ago · Author has 1.1K answers and 2M answer views

Vaak Siddhi is a Siddhi (attainment) which a yogi has gained from his / her practice of Yoga. It means whatever the Yogi pronounces (on others) will come true.

Among Indians, there is folk saying that people with matchams (marks) on their tongue have Vaak Siddhi, meaning things they say come true.

There is no scripture describing this per se because this belongs to the yoga (shramana) religion. The yogis were / are essentially atheists pursuing certain kinds of yogic practices to hone their cognition such that the supernatural becomes possible. Concepts of the Yogis were borrowed, stolen, corrupted, even enhanced, as they were enmeshed into other religions, including Shaivism, Vaishnavism Shaktism. Of course, when these concepts were borrowed, they were corrupted to favor the priestly class. Their context too was changed to favor theism.

But go to any yogi, they will tell you that anyone can be born with Vaak Siddhi. Some people are born such that things they say eventually come true. It is because they were yogis in their previous lifetimes and brought forward a small portion of their siddhi without realizing it. This is especially true of children below 7 or 8 who say things just like that and almost everything they say comes true. As people age, they lose that siddhi, unless they work to develop it later in time.

**PS: Sorry but some answers here are incorrect.**

1. Difference between Vaak as a Siddhi, and Vaak as a Suktam —

Vak is the power of speech, associated with an ability to perceive things with higher forms of cognition and to compose verses. More details about Vak's role in Kundalini Yoga is described [here](#). Vaak is simply Shakti (power) in the Rig and Atharva veda but later came to be associated with Saraswati (the goddess of learning and education).

Vaak Siddhi on the other hand is a **Siddhi** (the power, the attainment gained by the yogi after intense yogic practice), which makes the Yogi's words come true. Vaak Siddhi is not connected with Vaak Suktam as claimed by David Hague. At best, one can say that Ambrina rishis's daughter had Vaak Siddhi and hence she was able to compose Vaak Suktam.

2. Vaak as a Siddhi and a blessing pronounced by priests —

Rami Sivan's answer is also not entirely correct. The priestly classes are of 2 types — agamic and vedic. Majority are agamic and plain ritualists as temple priests. The vedic purohiths conducted vedic yagnas for those who could afford them. Today, the community of shrautas is nearly getting extinct. Neither the agamic temple priests nor the vedic purohiths composed things since the brahmana period. For this reason, the context of Vaak siddhi in terms of the Rig ability to compose, is not associated with them even in their own literature. In agamic religions, at best, socially some associate vaak siddhi with alwars and nayanmars who were drawn from all communities.

In the social context, Vak Siddhi as a blessing was associated with priests of the Shramana religions of Jainism and Buddhism who as a practice spoke only the truth (note that priests of Shramana religions are independent of caste, as anyone can train into priesthood. Their training includes renunciation (monkhood) — they do not live a householder's life which involves earning income from conducting rituals like priests of Vaishnavism, Shaivism, Shaktism, hence attachment is discouraged. Shramana religions also discourage the concept of lying to 'save dharma', 'for others' benefit' or 'for the larger good' — this stand is very different from agamic religions who socially express the belief that it is okay to lie to save dharma and for the larger good (whose good?).

The Lamas (Buddhists) particularly look for signs of Vaak (expression of thought) in small children in order to identify their previous life (reincarnation). But it appears that agamic temple priests (of Vaishnavism, Shaivism, Shaktism) have borrowed it to their benefit!! Let it be so. If they are always truthful it is good. If not, corruption of Kali's yuga is comical.

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Has anyone here seen a sadhu (yogi) with siddhi (spiritual powers)? If yes, where? Additionally, is there a way to understand siddhis from the scientific point of view?

What is Mantra Siddhi?

Are siddhis real? I understand that yogis meditate for Enlightenment, to be in union with Brahman. Yet, I hear that the process also gives yogis/rishis siddhis.



**Helena Astra**

, Meditation Teacher

Answered 2 years ago · Author has 497 answers and 139.8K answer views

Hi Sasha!

The Sanskrit word siddha means "power" and "perfection". The word siddhi is derived from siddha and refers to a psychic power or faculty developed through yogic practices. Vaak can be loosely translated as a sound, speech. So when combining these two you get the power of speech which can be understood as truthfulness in practice (whatever you say, that'll be). There is an interesting story I've heard many years ago about a man who lost his job and later his family because he was telling the truth and nothing but the truth. He was facing a lot of challenges- however, he remained loyal to the truth and after a few months, he was rewarded with an even better job, wealth and much greater family joy and reunion. Whatever he said, that became a truth. Of course, we have to be very careful as sometimes truthfulness can be an excuse for being rude. Telling the truth, in this case, include non-violence as well, for you can tell truth in a nice way without hurting anyone. Being polite, but honest is the greatest power.

Much love:)

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Answer requested by

**Sasha Mamaev**

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**Bill Hegeman Archonstone**

, Studying the Spiritual and Magic for over 40 years.

[Answered 2 years ago](#) · Author has **1.9K** answers and **636.1K** answer views

Thank you for the question. The answers by others seem sufficient.

I had to research this.

Truth speaking, appears to be key component. Living in an honest relationship with the with world, being attuned to speak a truth and things happen, is only from a deep relationship with the world.

Speaking the truth, and not being listened to, being a modern day cassandra, does not bode well for those gifted/cursed with such a siddhi.

It is just another step to understand your path.

1



### Ashishkumar Dave

, Astrologer, Seeker, Occultism, Religions & Yogas (1972-present)

[Answered Apr 17, 2022](#) · Author has **1K** answers and **576.7K** answer views

The ability to make something happen or not happen by expressing it in speech is Vak Siddhi.

To quote Vivekananda, when some one speaks truth and nothing but the truth in every circumstance, every time for five years, he becomes qualified to get VakSiddhi. Now you would appreciate how formidable and difficult it is!

1



### Sid Kemp

, Yoga practitioner and student of philosophical Hinduism.

[Answered 2 years ago](#) · Author has **9.7K** answers and **27.9M** answer views

Thank you for the A2A. Siddhis, or special powers, are, according to most spiritual Hinduism and also according to the Buddha, a delusion and a temptation. So my answer here must be biased, as all of my teachers warn us all not to seek *siddhis*, not to seek special powers. The true goal of any spiritual practice is not *siddhis*, but Divine Love. For more on this, see [Sid Kemp's answer to What extraordinary things can a person do if his Kundalini has awakened?](#)

I do not know if Vaak Siddhi has an ancient history or not. Right now, it is a big viral advertising term on the web from a site [You Can Make Your Words Come True](#). I spent less than a minute on this site and was deeply offended. It is clearly all about promotion and advertising. For over 4,000 years ago, sages have warned us not to seek *siddhis*, and this site shows us why.

I spent less than two minutes on the site. Glaring color and sound interfered with my reading. Then an intrusive chat screen popped up and someone wanted to talk to me. I will say nothing bad about anyone, but this site does not support loving contemplation or any other form of spiritual practice that I know of.

I stayed just long enough to learn that Vaak Siddhi, according to the site, is the power to make our words come true. That is completely unrealistic. The Buddha, we know, wanted only well-being for all people. He wanted everyone fed, healthy, and strong. He wanted a world without fear, anger, greed, or confusion. If he, with all his power, could not utter words and make it happen, certainly, this is not a real power. (And Christ wished the same thing.)

Please, let us set aside vain wishes for magical power and return to the true power of love and fearless compassion.

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Sasha Mamaev

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**Amit Chhetry**

Answered Mar 31, 2022

It's like the 'bene Gesserit skills' shown in the movie Dune... but actually vaak siddhi is much more complex powerful and still exists and has many rules before one can attain such a power.

Vaak siddhi can literally transmute what has been said sooner or later into a physical reality unlike 'Bene Gesserit' I pointed earlier, which basically controls the action of an individual on the command of the speaker. In other words hypnotizing the person to do the speaker's bidding.



**Jayantilal Patel**

, A M I I Chemical Engineer Bachelor of Science in Chemistry & Indian Institute Of Chemical Engineers, Gujarat ...

Answered 2 years ago · Author has 3.8K answers and 695.9K answer views

Vāk siddhi is the mystic power of “asseveration” that comes from a long practice of speaking the truth. So in other words if someone is in the habit of speaking the truth then they will obtain the power of being able to bless a person and their blessing will come true. If all chakras cleared person can get it.



**Gurjeet Bains**

, Teacher (1989-present)

Answered 2 years ago · Author has 82 answers and 34.5K answer views

Sidhi is Veds means: Full Understanding

Vaak means: Speech

Hence it is a word spoken or Text Written by Enlightened Souls



**Guduru VenkataRamanaih**

, spiritual teacher

Answered 4 years ago · Author has 581 answers and 2.3M answer views

**Related****What is a mantra siddhi and what happens after that?**

Mantra Siddhi means Mantra chanted inside automatically without one's own consent.

It comes out of Sadhana being done in births and re-births.

What ever karma is being performed, the mantra is being chanted inside without your consent.

The outcome of Mantra Siddhi is one attains divine powers and yogic powers.

**My Experience:****There are three things happened in my life through chanting Mantra...**

1. I chanted Om Namah Shivaya Mantra and attained Mantra Siddhi with the grace of Lord Venkateswara in Tirupathi at the sanctum of temple.
2. This chanting gave me a Guru Shirdi Sai Baba (Parama Guru) who in turn sent me to a Living Guru.
3. Attained self-realization through grace of a guru on 29th June 1995.

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**Aghor Bhadra**

, lives in Ambala, Haryana, India (2021-present)

Answered 2 years ago · Author has 224 answers and 4.3M answer views

**Related****What is meant by Siddhi?**

Dear concerned,

Siddhi simply means complete trust. For example if one has a siddhi that one can convert a glass of milk into a glass of wine by saying a particular mantra. Now when one says that mantra, he has complete trust on the mantra and its effects. This is when we say, this person has this particular siddhi. Now complete trust on anything never happens in a day. It is a process. This process is called sadhna of that particular mantra or the particular deity or ethereal being associated with it.

According to some branches of Hinduism, Lord Ganpati has two wives, namely Riddhi and Siddhi. Now Riddhi is the accumulated self power generated through self control which helps one attain a Siddhi. Without Riddhi, there is no Siddhi.

There are hundreds of siddhis of various kinds associated with different ethereal beings and deities. Siddhis are of various levels and according to their levels, they test the practitioners. Let me give you some examples of common siddhis.

Shabar Mantra Siddhis :

These are the easiest siddhis to attain. Some of these are so simple that if one who knows it, tells you a particular mantra on a particular time and at a particular place, you'll immediately attain siddhi in that mantra. These siddhis are mostly associated with treating small ailments like fever, jaundice, bee sting etc. The one who has these siddhis can cure a patient of these common ailments in a matter of seconds.

Ethereal beings Siddhis:

These are the siddhis which are used by the people commonly called tantriks. However these people have nothing to do with real tantra. They simply use these siddhis to befool people. These people mostly deal with negative ethereal beings and for that they go through extremely gross and scary processes. Karn Pishachini siddhi, Ghat Pishachini siddhi, Pret siddhi, Apsara siddhi are some most common of these siddhis.

There are some big misconceptions about these siddhis. Like people think that having a pishaach siddhi means that the practitioner has got complete control over a pishaach. No, it is not so. Having a particular siddhi through a pishaach means that you can summon him whenever you want and ask him a particular favour which he is bound to

grant you, that's it. Understand, pishaach is a higher ethereal being and a human can not control it. Same is true for other ethereal beings too.

When one attains such kind of a siddhi and uses it for his own benefits then he is also supposed to pay back for it. Nothing comes for free. It is something like a transactional deal. One takes help of an ethereal being and then the ethereal takes something from him in return. What the ethereal wants depends on the kind of ethereal. But in all the cases humans pay dearly for it. Having siddhi only means that you have an access to these beings and they are bound to grant you a particular favour but this favour is never free.

Some people claim to have siddhis of different deities like Hanuman's, Devi 's, Bhairav's siddhi but they actually have common ethereal siddhis only. They show it off and as they can not say to their audience that it is actually a negative ethereal being , they associate it with a deity.

There are some positive ethereal beings also and even higher souls have attained their siddhis for some particular objectives. For example, Mahrishi Vishvamitra attained the siddhi of Nat Yakshini for protection. Vishvamitra only taught Ram and Lakshman siddhis called Bala and Atibala using which they never got tired and never felt hunger and thirst during their initial days in jungle with Vishvamitra.

Mantra Siddhi :

There is a lot of misconception about mantra siddhi. Many people say and believe that one can attain a mantra siddhi by simply reciting a mantra 1,25,000 times. Some say that they have achieved mantra siddhi of Gayatri and Mahamrityunjay by reciting them 125000 times, however they don't know that Gayatri or Mahamrityunjay are not even mantras. If one is doing 10 malas a day (which is an hour's job everyday) of a particular mantra then it would take him only 125 days to achieve this so called mantra siddhi. Now if you ask such a person that what can he do with this 'siddh mantra' now after having achieved its 'siddhi', he has no clue.

Understand, first thing is, most commonly preached as mantras like Gayatri, Mahamrityunjay, Hare Rama Hare Krishna and so many more commonly available are not even mantras forget about their siddhis. First you need a worthy Guru who'll test you for years before giving you any mantra after that mantra itself takes 1–2 years to adjust with your body. Your complete trust in your Guru and in your mantra is the basic requirement to get any fruits out of it. It'll take you at least few years with all the requirements fulfilled. Once you reach a state where you yourself become the mantra only then it starts working.

Swayamsiddh :

The highest state of siddhis is going beyond siddhis. When one reaches that state he, himself become the highest form of siddhis, ie. called Swayamsiddh. At this state whatever one says come true. Aghoris are swayamsiddh, they don't go after siddhis, they have gone past them.

Regards

Aghor Bhadra

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**Kermanshah**

, Intellectually Employed (2000-present)

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**What are the symptoms of mantra siddhi?**

...”

Some indications of mantra siddhi are:

Elimination of malefic influences such as ailments related to ill-



placed planetary posits; Suddenly obstacles diminish gradually; Competitors or enemies go somewhere else and leave you alone; Good health returns; The body becomes robust again; Financial matters uplift; There's harmony and peace in the home; The person may be viewed more favorably by the boss, etc., etc.

Sometimes (though very, very rare), when the attainment of a certain mantra siddhi is achieved, the altar or an item on the altar may go up in flames but nothing will be burnt and the person totally unharmed and safe.”...

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, Software Engineer at Mr Cooper (2020-present)

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Vaak means speech, Vaak Siddhi means attaining the Siddhi in which whatever you spoke comes true.

All the Great Saints give curse using their Vaak Siddhi

Even Gods give Boons using them only.



## Nidhi Trivedi

, Professional Vedic Astrologer with global ☐ clients

Answered 10 months ago · Author has 170 answers and 4.2M answer views

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#### How do I achieve all siddhis and riddhis easily?

There are old sciences that encourage one to know the future one has built for himself in earlier lives. Our future is founded on the previous actions we have accomplished and the Karmik outcomes we have grown. At a similar time, free will is influential sufficiently to conquer any fate that one may have, given it is powered from a sacred basis. It is similar to the water flowing in a river. Normally, the water will pursue the river bottom, and it will not arise above the riverbank. But it is apparent if there is sufficient force for the water to make a different path. Such an incident is very unusual. Accordingly, if a man discerns a river flowing, he can "foresee " the path it will pursue. It will commonly pursue the riverbed towards the sea. Our destinies can be understood similarly but 99% of new astrologers do not realize the substantial science behind it. They are simply enthusiastic about earning wealth from the public with the mentality of more and more people should take their services every day. Only a spiritually influential individual has the virtue and goodness to be able to notify your destiny in truth.

During historical times Yogis, sages used to reach tapas (meditation) for over twelve years to progress 8 siddhis and 4 riddhis. Today every man can accomplish Satya Sankalp Riddhi effortlessly by regulating 3 chakras in his body and transmitting with Universal Central Processor, for his personal as well as public advantages.

**Anima** (shrinking) - Power of coming to be the size of a particle and arriving the minor beings.

**Mahima** (illimitability) - Energy of coming to be mighty and co-extensive with the cosmos. The strength of improving one's extent without a barrier.

**Lagima** (lightness) - Ability to be relatively light though large (weight) - Capability to examine big, though tiny size.

**Prapthi** (fulfilment of wishes ) - Capability to enter all the realms from Brahma Loka to neither realm. It is the strength of fulfilling everything desired.

**Prakasysm** (overwhelming will) - Stability of disembodiment and reaching into other cores (metempsychosis) and going to heaven and comprehending what all aspire for, just from where he holds.

**Isithavam** (supremacy) - Have the imaginative strength of God and supervision over the Sun, the moon and the components.

**Vasithavam** (sovereignty over the components ) - Strength of supervision over all the living entities. The strength of remaking the course of nature and determining any aspect.

There are 4 Riddhi that man can accomplish by practising various yogic techniques. These siddhis are deemed inadequate to the Siddhis but are authorized to be accomplished by man.

**Faraway listener** - The gainer of "Door Shravan" (to be eligible to listen to far sounds) Riddhi, and can hear and comprehend the speech of numerous entities existing in the sky.

**Faraway viewer** - The gainer of this "Door Darshan" Riddhi thus he can watch the entire planet earth.

**Body shifting anywhere** - The gainer of this "Manojav" Riddhi can take one's body wherever he expects to move.

**Truth agreement** – The gainer of this Riddhi can do whatever he hopes to do, his wish is awarded instantly.

The primary 8 Siddhi are of a much bigger order than the rest and expect serious discipline to achieve. It is very extraordinary that one will achieve such an ideal. But for every Siddhi, there is a consideration that is easily fulfilled. The procedures for achieving these small Siddhi are usually summarized in the Tantra Shaastra. The procedures commonly involve accomplishing Upaasanaa to a special God, who when delighted discloses their aspect to the Saadhak. On the path, several Siddhi generally formulates due to the growth of the consciousness through Mantra Upaasanaa and contemplation. According to the classification of Devtaa, one adores the outcome will come either rapidly or after an extended time, and the outcome will either be momentary or lasting. If you aim at a low being, for example, a ghost, the outcome will be short, but it will be of least significance. Whereas if your Upaasanaa is to a higher deity, the outcome will be much more lasting and substantial but will take much more time to achieve. The goal of the Saadhak commonly is sure of on his activity within the procedures of nature.

As you grow in the procedures, the adoration becomes more and more cleaned, from thoughtlessness to honesty. When you eventually transcend the methods by the worship of Krishna, the adoration is metaphysical beyond the impact of material essence.

According to the category of the deity, the outcomes are tremendous and more durable. But the enormous the outcomes the more difficult the method is. As you walk up from the shortest categories of worship of ghosts, to Yaksha and Yakshinee, to secondary Devtaa, the method comes to be harder and harder (ie there is more sacrifice and honesty indebted ). The embodiment one achieves by adoring a ghost cannot be differentiated from that attained by adoring a God like Ganesh, but the adoration of Ganesh will expect more based on the Saadhak. The outcomes will not almost be as quick as that attained by adoring a ghost or spirit. Similarly, when you go beyond the adoration of the Devtaa and you take up the adoration of Lord Krishna, the Supreme Personality of Godhead, the ideal you will accomplish will be much enormous than anything that is given within this material planet. And extra than that, it will be greatly lasting (eternal to be detailed ). But at the exact time, to fulfil it will compel great sacrifice and honesty. From the bottom of the levels of adoration up to the topmost category (adoration of Krishna), there is an immediate similarity between the essential endeavour for perfection and the permanence of the outcome.



Our Mind never acknowledges the circumstance and often assumes based on its understanding. But what if we understand the other aspect of the coin? Our mind amazes entirely and takes a sentimental toll on us.

To prevent, any type of displeasure, shame, sadness in life, one has to fulfil restraining the sense. This is a fraction of the Ancient living culture of India which has ignored high ago.

Thanks to extraordinary scholars who have mastered this method and protected it for many ages. Human life is too confused with much unfair stuff in life. Humans are highly advanced subjective entities. They have several emotions assorted and they come out under circumstances.

Scholars have categorized Human feelings into basic categories: Kama, Krodha, Lobha, Moha, Mada, Matsarya. The Kama signifies desire or hunger in the psyche. According to texts, desire is the core reason for all crises of the World. A solitary desire never ends up on its own and it resists enlarging one another to it. Desire can be profound

and moral in the circumstance but it never stops. When you practice-wide stillness of the psyche all the intention will calm up and the mind boosts its power of attention.

Krodha signifies the anger region of the psyche. Anger supervision is complicated and expects lots of tolerance to accomplish. An intention when not fulfilled rolls to anger. An angry region of the mind is so serious that it may hurt the physical fitness of the body. Today we are watching many people analyzed with high or low BP. The disorder arrives from people who are not good at anger supervision.

Lobha is in a selfish region of the psyche. Never satisfying and being additional and extra enthusiastic in saving than the essential expenses. This greediness not only is recognized with money issues but also in all other territories like diet, eating, jewellery, preservation, etc. This kind of psyche frequently arrives when anger is wild and what the individual cannot accomplish honestly. Repeatedly it leads to thefts and bankruptcy.

Moha is frequently amazed at intense love. Moha is a region of an ignorant sense. In texts, it is interpreted as Maya which indicates misconception. Thoughtlessness is not at all state of sense and being a greater evolved mind humans shouldn't be unaware. Wandering through the roads of understanding is the only recovery for this.

Mada is in an aggressive region of the mind. It is frequently communicated with lots of dignity, high degrees of behaviour which decreases the individual's character. This situation is identified in teens and young adults. Inexperience in dealing with day to day problems leads to arrogance where the individual never accepts the mistake. Good company and optimistic feelings are the best treatments for making up Mind.

Matsya is a grudge region of the psyche. Many popular people became tools when they are in this situation. This ill will consume the mind vacating all adverse. It is difficult to assess the good decision when the and bitterness. It is also a grand kingdom of Lobha, where we can see tons of desire directs to grudging. Devotions are the just way to get out of this mind region.

Now let us go through the tips to come out from the six ill states of mind.

1. **Speak to your mind** — Educate your feeling to talk to mind. No matter what the feelings are, let them pour in. Sit in a quiet and shut down environment and identify feelings coming in and out. A while after you'll see that mind become sluggish and it has opened all and directly it is operating out of thoughts. This is the fundamental clean land we need to play a winning match.

2. **Pursue Daily basic routine** — Once you fix the bottom, make it a pattern. Follow at the exact time and spot every day. A typical training will take you a big way. NO matter how you think, stick to the daily habit. The sense is so tricky that it exits even for a moment. So be constant.

3. **Tell your body** — That you are an enormous piece of equipment of the sense. The sense is a profitable motorist that directs you to a safe road. Follow what the sense says. Never guessed the body is unstable or diseased. It is only lead by a strong sense. You'll quickly see the body attends to your psyche.

4. **Everyday Motivation** — See, hear just decent stuff that is only spread favourably. That restores your enthusiastic needs of the intellect. A daily dose of motivation will brighten your heart bliss. You can breathe as your motivator.

5. **Spiritual Sadhana** — Prayers and acknowledgements straighten up your sense. These terms fill with the mysticism of positive fuel and can fulfil as satisfied medications. So don't skip praying every day. These vibrations raise the attitude and make you delighted throughout life.

We are the just ones to protect ourselves, we are the just ones to demolish ourselves

**Siddhi** is the 16th Nitya (Naisargika) Yoga, which is sanctioned by **Ganesha** and contemplated to be beneficial. Its consequence usually characterized as " happiness ", " accomplishment ", "fulfilment", "realization ", "success", "ascetic integrity ", "the realization of the devotion of Gods", "acquisition of extraordinary strengths (by the realization of magical, mystical or alchemical ritual or procedure )". Mars is a planet, who's sanctioning **Siddhi**.

#### **Can Someone Get Rid Of Horrible Luck And If So What's The Way?**

Everyone's destiny on this planet is exact if you think logically. We are all walking towards demise. Time is always ticking out, reducing our life by the moment. This is the only destiny that everyone can be specific about. It is feasible to know other characteristics of one's perspective and future, but the data is not as significant as this.

For all the prosperity in the world, one cannot buy back one moment expended. Thus there is nothing more important than this moment. Utilize your time valuably in sacred competition. Then you will be eligible to know your absolute destiny and come to be unrestricted from the bondage of the "future".

Bad luck can be removed logically. You must take up an everyday spiritual Saadhana for by spiritual vitality only can destiny be rewritten. Spend at least 10 minutes a day at the sunrise doing meditation & Jaap of some specific mantras like Gayatri. Recite the names of Lord Rama and meditate on the sound pulses of the divine words. this is the easiest direction by which we can come to be free from the effect of bad luck to some extent.

In real life, there is no such aspect as "luck". Everything occurs due to our prior actions. The Karmik responses are appearing to us from prior lives of action. We must burn up the plants of Karm before they grow into outcomes. For our prior good actions, we will reap satisfaction, and for our prior bad actions, we will feel hardship or disruption.

Those who realize these regulations of essence know there is no coincidence, but only the normal law. Formulate your spiritual stability and you can burn the Karmik outcomes to ashes. The scriptures characterize that just as dry grass is immediately burnt to ash, similarly, the chanting Lord Rama's name will burn away the sinful outcomes. If you truly want to come to be free from the supervision of your Karmik outcomes, take up a daily spiritual Sadhana and expend 10 minutes a day in meditation and introspection. This will boost you supremely.



[Nidhi Trivedi](#)

, Professional Vedic Astrologer with global ☐ clients  
 Answered 11 months ago

### **What has more impact on our life karma or astrology?**

**Existence is all about Conception, Birth and Life:** But again consequence is about Karma. It tells that whosoever arrives in our life is because of our karmic relationship with them. Decided, 100% approved. Even if a child is conceived and unable to take birth due to miscarriage, contemplate that parents of that unborn child only had that much karma with the unborn child. So, it is 100% decided that whosoever arrives in our lives as a companion relationship or as an adversary, has some karmic unpaid towards us.

Existing Concept of Karmic Backlog: But then the complicated region in the theory of the karmic backlog is where the person is warned that suffering in this life is his destiny and if he tries to prevent it then in future lives, he would have to suffer too. this theory is vastly utilized in relationship/marriage circumstances where one person can be in an awful state he is said by a counsellor to proceed to live in such a state and exhaust this awful karma in this life only.

#### **Accountability, Jyotish and Renovating Karma**

Jyotish = light and it is glowing radiant on people's invisible structures & disclosing them so that they can take accountability for rewriting them through new efforts, preferences and awareness. It should also disclose the play of the puppet strings grabbing at our feelings and our psychology so that we understand that the planets are hard at work twisting webs of a mirage when there may not be anything there. It is the craziness and hurdles of our emotions and self-doubt that so frequently results in so many of our crises.

People guess that mantras and Vedic rituals are magic shots but that is not the case. When mantras and rituals are defined, they assist by unlocking the grip of the misconception of the mind so that we can then take fresh effort without being clutched or realizing harmed. They should build good fitness, the vitality of language and the effort to build new ways in our life so that we are authorized. Occasionally clients would like an occult shot to lift the difficulties and occasionally that can happen with mercy if you have good Saturn & Jupiter. More repeatedly than not, the client has to energetically make major modifications in their life to recreate their existence. This is no simple assignment and expects enormous willpower, courage and a strong capacity to change. Without spiritual practise duty and the group of spiritual people and assistance this can be hard to attain. Ideally, we have to own the duty for our misery and do something to remake it.

As a practical remedy, I prefer to recommend donations that are certain to the Karma entangled. If we can do service job or provide to charities related to crises in our life, we are re-addressing preceding karma very immediately. an individual with a Venus/Rahu affliction in their horoscope may have reproductive problems and karmically this may be related to harming women in before lives so donating time or money to injured women's shelters on a Friday, sanctioned by Venus, maybe an immediate way of readdressing preceding karma. Jupiter/Rahu afflictions which may result in difficulties with luck in this life may tell that you were not a reasonable parent to your kids in past lives or that you were not gracious of Gurus and donating to aid kids or educators and doing volunteer work for agencies on a Thursday, sanctioned by Jupiter, maybe a way of addressing that preceding karma. One can start watching all karma in a horoscope in this way and by being more certain in recognizing the karma on a tiny level, one can indicate a more specific treatment that will be stronger relying on the planet's sign, aspects and constellation.



Are you then convicted to a life of reimbursing for past blunders, weaved by a few moments of joy? Not certainly. By the integrity of your current efforts, Karma can be renovated, transmuted into a varied form, or outshined simply. Here are eight methods that can help you improve the quality of your efforts.

#### **Create Aware Selections**

The possibilities you make affect your Karma in two paths. Making integrity choices can loosen up the enthusiasm or importance of problems resulting from repaying Karma. The power of Karma has to be repaid, but it can be transmuted.

Your choices also specify the integrity of new Karma being established and stocked to be disclosed as future incidents in your life. It's significant, therefore, to be aware of the options you are putting together and ask yourself: Do these options help me and those who may be involved by them? Are my judgments appearing from my heart and higher soul or my ego?

### **Forgive**

This is a significant characteristic of your ethical growth. First, approve that what has occurred has occurred. Then, see if you can, without conclusion or examination, comprehend why it occurred. Ultimately, try to forgive whoever you think may have damaged you; it's constantly apparent to forgive the individual even if you cannot forgive the deed. Every damage you clash with is the recovery of some Karma. If the postman fills your mailbox with laws, don't waste the whole day disliking the postman. Be Unrestricted and walk forward!

### **Refine gratitude**

Forgiveness is tough for maximum people, and acknowledgement can also be struggling. Nonetheless, if you understand that everything that occurs to you is past Karma being discharged, then each time you discharge Karma, it is left off. Attempt to be thankful for everything in your life.

### **Discover Development Opportunities**

Any disputing problem provides you with two choices. You can see the problem as a difficulty and waste your life arguing about it, or you can understand that it occurred and inquire, "How can I learn and rise from this?"

If you see it as a crisis, you can get brought into lower power, which simulates the similar Karmic power, and you make no growth. Looking for development chances authorizes you to release the Karma and continue unrestricted to move ahead on your spiritual path.

### **Learn from Astrology**

An astrological map provides a resemblance of your Karmic likelihoods. A competent astrologer can analyze your chart and give you recommendations concerning the possible effects Karma will play in various areas and at several periods of your life. Everything is formed but everything can be modified. Astrology provides you with the understanding to make the essential changes. Avoid the problem which has not yet appear.

### **Discover an enlightened educator**

If you are lucky (or your Karma sanctions you) to confront an enlightened educator, he or she may be eligible to "see" your Karmic structures and instruct you, therefore. An enlightened individual could adopt some of your Karma, but this would be with a particular connection developed over many years.

### **Find out Your Dharma**

If you comprehend Dharma and Karma, you will understand everything. Dharma is usually distinguished as objective or fact. When you discover your true objective in life and live in entire alignment with that, your efforts will come to be spontaneously valid and you will never establish Karma.

### **Contemplate**

The greatly strong tool you have on your spiritual way is meditation, particularly a practice that contains Mantras. Meditation is a path from action into stillness. Mantras or volumes are utilized with no specific significance. The significance of thought grips the remembrance and intention and accordingly the Karma. A mantra with no significance has no Karma. When you speculate your mantra in contemplation, you are taken beyond the spectrum of Karma; you overstep all remembrances and intentions and slip into the area of endless likelihoods.

With common practice, you start to live from that category of endless likelihoods rather than the limited chances established by Karma. Meditation realigns you with your authentic self, directs your support to your true motive (Dharma) and authorizes you to "wash" away Karma on all categories.

Obligation to your spiritual way is crucial to exiting from the Karmic jail you have assembled for yourself and to enjoy unbounded independence every time.

[Nidhi Trivedi \(निधि त्रिवेदी\)'s answer to What are the indicators of bad past life karma in astrology?](#)

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## Jayaganesh Pai

, Initiated into Yoga by a Living Master

Answered 10 months ago · Author has 308 answers and 1.7M answer views

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**Has anyone here seen a sadhu (yogi) with siddhi (spiritual powers)? If yes, where? Additionally, is there a way to understand siddhis from the scientific point of view?**

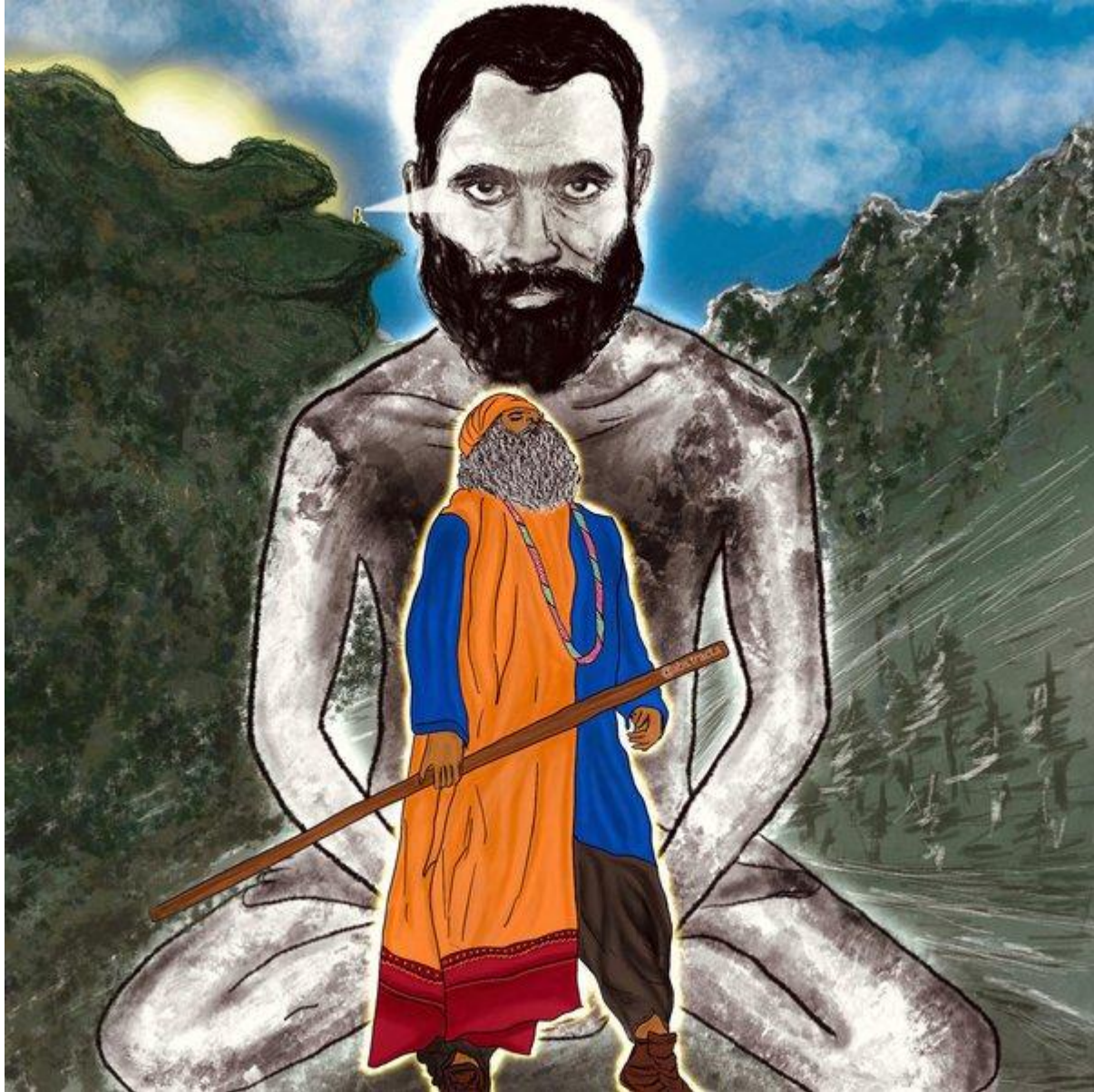
Sadhguru is living proof that yoga works and that the highest potential for a human being can be attained by anyone through spiritual practises. Everyone is not capable to the same extent in the physical and material world. To be successful, various factors must be considered, as well as a high level of competence, striving, and timing are a must; however, when it comes to the inner world, Sadhguru says that everyone is equally capable; it is simply a matter of willingness.



Although Sadhguru is a yogi who is strictly against pursuing spiritual powers or siddhis, he has attained a number of them, which are mentioned in his books or iterated in his talks in a subtle way. Among them are:

- **Past Life Memories:** He vividly recalls his past life memories and describes only those that are spiritually significant. He even goes on to describe other people's past lives and how they are related to him.
- **Superhuman Ability:** He says that in one of his previous lives as Sadhguru Sri Brahma, he walked through a locked prison door and even made a boy walk on the lake.
- **Handling Death - Mrityunjay:** He even left his body consciously and willingly as Sadhguru Sri Brahma through all seven chakras. I've been to this location on the seventh hill of the Vellaingiri Mountains. Even today, the energy there is so intense that it takes your breath away.





- **Stillness of Shiva:** After he had the experience on Chamundi Hills, he says he has sat motionless for 13 days! Can you picture it? There was no movement, no toilet break, no washroom, and no needle pinches on the feet! He just sat there for 13 days!!
- **Paranormal Activity:** During the consecration of Dhyanalinga, he has seen many disembodied beings. Not only that, but in his twenties, he elaborates on his encounters with various disembodied beings in Sadhguru Exclusive episodes.
- **Cured The Incurable:** He was physically exhausted after the consecration of Dhyanalinga, to the point where he thought he wouldn't survive. The doctors performed numerous tests on him, and every other day, new diseases that were incurable were discovered. But, 22 years later, he's still alive and well.
- **Clairvoyance** is another ability that develops during your spiritual journey. According to Arundhati Subramanian's book *More than a Life*, he was able to see more things as a child of 5 than was normally possible for a human being.
- **Perceives Prana:** As spiritual seekers, most of us have only heard and intellectually understood about chakras or energy pathways in our bodies, but none of us truly know what they are. You won't find any if you rip open your body, but Sadhguru perceives it as reality. In a Sadhguru Exclusive episode, you can see him map a Hatha yoga teacher's energy system!

- **He is Light:** One of the Isha monks described her encounter with a Naga Baba, a spiritually evolved yogi who possessed siddhis. Here's an excerpt :

Anyway, one day I showed Sadhguru's photo to this evolved Naga Baba. He was stunned looking at the photo and said, "He is very big!"

I asked, "Baba, who is he?"

He said, "He has come to spread light in the world; he is light himself."

Immensely glad, I asked, "Sadhguru comes to Himalayas sometimes, would you like to meet him?"

He said, "If he comes here, I will wash his feet with my hands, and drink that water!"



To see Sadhguru for who he is, one must have a certain sense of intelligence and perception. There are numerous incidents like this that demonstrate who Sadhguru truly is. There are many subtle things that are so simple that we often overlook them.

- **Conqueror of Sleep:** He has only slept an average of three hours for the past forty years. Do you believe it?!
- **Conqueror of Hunger:** If you and I were involved in the level of activity that Sadhguru does, we would have needed to spend a lot of money on food, but you don't see Sadhguru hogging on food at all. He only eats one meal a day!!
- **Conqueror of Mind:** He is involved in so many different projects and interacts with so many different people at the same time, but he never loses his cool!

Consider Jeff Bezos or Elon Musk, both of whom are involved in numerous projects and are well-known for how poorly they treat their employees during times of stress and anxiety. People who work and volunteer for Isha and Sadhguru, on the other hand, are the most joyful.

- **Sthita Prajna:** You may be able to irritate or anger another human being at some point because everyone has a saturation point, but you will never be able to irritate or anger Sadhguru. It's simply not

possible. No matter how many people speak against him, abuse him, misinterpret his works, and cause unpleasant situations, he will always handle it with the utmost sense and sensibility.

There are many more like this, which you will be able to find if you look hard enough. I'll keep adding to this list as I think of them.

Some of them have scientific explanations, but it shouldn't matter to someone on a spiritual path. Even Science recognises that it is still in its infancy in terms of how long the planet has been around. It understands that what Science knows pales in comparison to what exists in reality.

I hope this inspires you to strive for the highest level of possibility in your life!

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## Krishna Sudarshana

, Born in India

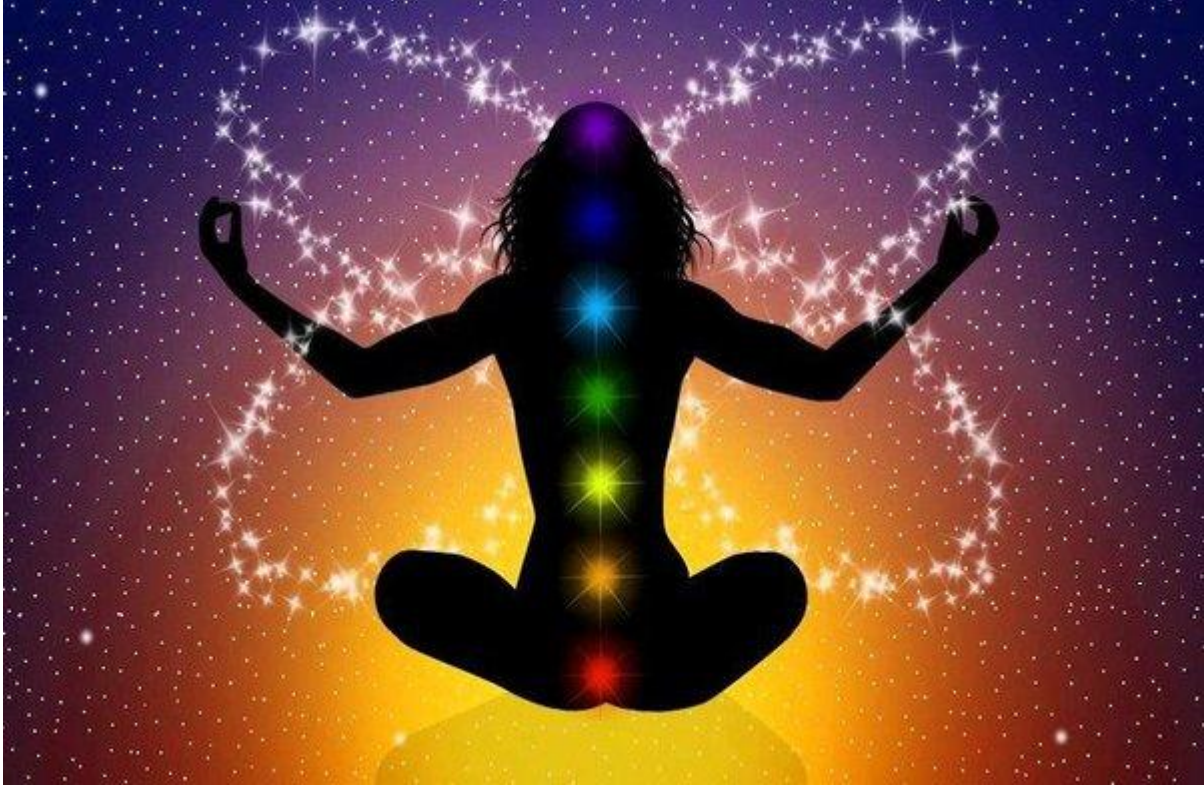
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#### [What is Mantra Siddhi?](#)

Originally Answered: [What is mantra siddhi? I repeatedly came across this term when I read about japa.](#)

Mantra Siddhi is ability to use that mantra for a purpose. When you are initiated, you are asked to recite (japa) for 'n' number of times, and this 'n' varies for each mantra.



Not everyone need to recite it 'n' number of times. It depends on your spiritual stage, past life practice, siddhis from past etc.

For example, if 'A' mantra needs to be recited 1 million times, one person may attain siddhi at 0.8 million, another at 0.6 million and you may take 1 million, yet not feel anything.

Only way to test or know is do a 'mantra prayog', where you target a purpose and chant this mantra 'x' number of times. Sometimes 'samputi' is done, where another mantra is added before utilized mantra and 'X' mantra acts as ignition to fire original mantra. Usually this 'X' is either a mantra in which siddhi was attained earlier, or a sloka from sahasramana of that devata (related to mantra which is being used). If you get desired result, you have proved to yourself about mantra siddhi.

There are multiple ways , where 'X' mantra is added before and after original mantra, 'X' added prior and 'Y' added later which is a different subject altogether.

It is generally believed that if one reads or listens to a mantra in dream, he/she is initiated by their spiritual guide and is ready for siddhi. With minimal effort, they can attain mantra siddhi or have already attained siddhi and this dream was a reminder.

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**Jay Kaushal**

, Astrologer Life Coach

[Answered Feb 11, 2022](#) · Author has **319** answers and **1.4M** answer views

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### What is Panchguli Siddhi?

Hari Om Namo Narayana!



(Image of goddess 'Panchanguli')

'Panchguli Siddhi' is a 'siddhi' done to get the blessings of goddess 'Panchguli' who rules the hand.

Getting her blessings enabled a palmist to gain psychic insights while reading palms.

Her 'siddhi' is quite difficult and requires a high level of discipline.

Even if you break wind during her 'saadhna', you need to get up, put water over your ears and start all over again.

Hari Om Namo Narayana!

... (more)

5



### Sunitha Parapatla

, Devotee of God Shiva and a Home maker

Answered 4 years ago · Author has 2.5K answers and 13.9M answer views

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### How can we attain all the 9 siddhis?

\*\* I'm no expert in answering this question. Only an enlightened Guru can answer this question \*\*

I personally feel that, it may not be possible for us ( humans of this Kaliyug ) to attain all the nine Siddhis. And I feel that, we should strive for the Enlightenment or choose the path of moksha , rather than trying for the Siddhis.

Siddhis are almost like Supernatural powers where in the person can reduce or increase his physical size, get all his desires fulfilled, having control over things etc.

- In my view, Realization would be the ultimate bliss.
- We should Surrender to God completely through the 4 yogas mentioned by Lord Krishna in Bhagavadgita, and aim for moksha.

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## Harry McNicholas

, lived in Empalme, Sonora (2010-2017)

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#### Are siddhis real?

If you are referring to supernatural powers. No. The ability to influence other people. yes. The Buddha influenced us by teaching us the causes of Dukkha and how to end it. Anyone reading Buddhist scripture should understand that not everything written is to be taken literally. Much is metaphors, allegory or even myth. The Buddha taught us the truth and used various means to convey truth. The entire Amitabha Sutra is a myth. Factional not true but morally true. This is why one should be very careful when studying the Dharma or listening to another person interpretation of the Dharma. Unfortunately, there are still many Buddhist people who are very superstitious and supernatural powers appeal to them.

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#### Susan Min

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## Malcolm Little

Answered 3 years ago

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#### What will happen to a person trying to achieve siddhi through tantra and mantra? Is there a chance to become mad?

Fulfilment or success, achieved by Tantric *Sadhana*, may be of two kinds, viz.

- (i) **Mantra-siddhi** - *mantras*, used by a *Sadhaka*, produce the desired result;
- (ii) **Vak-siddhi** - success in speech; by this the words, uttered by a *Sadhaka*, become infallible.

After reaching the peak of spiritual life by *Sadhana*, one acquires the following *Siddhis* or miraculous powers:

*anima* (assuming a figure of atomic size),  
*mahima* (power of increasing one's size at will),  
*laghima* (power of assuming excessive lightness),  
*garima* (power of assuming excessive heaviness),  
*prapti* (power of getting everything at will),  
*prakamyā* (irresistible will),

isitva (superiority over others),  
 vasitva (power of controlling others).  
 There are other minor *Siddhis* also.

The greatest *Siddhi*, however, is ***Mahanirvana* or *Moksa*** which is the ultimate goal of *Sadhana*.

These *siddhis* can only be tried under the guidance of an able guru. Finding a true Guru is itself near to impossible. However if found so, than it may take decades when he will initiate you into a *Sadhna* if found suitable. These *Siddhis* are rare to achieve and even rarer for someone to give *Diksha* into it.

*Sadhna* especially mantra *sadhna* is like inviting a lion. You may or may not be able to defend yourself to the extreme happenings or experiences during the *Sadhna*. The flow of energy is so high that certain people may not be able to control the same. At that time we realize the importance of a Guru . He likes a true master knows you and shall protect you from all evils and negativity. He will hold the lion from the neck and shall bring you to the right direction.

A simple ‘*Shaktipat*’ (*Kundalini Awakening*) from any normal Guru can lead to madness if the flow is not controlled in a few days. They hear voices or have hallucinations all the time.

So you can think of the condition when we perform a *Sadhna* or *Mantra siddhi*.

However no person can attain this under normal circumstances.

**Ignorance is Bliss.**

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### Rami Sivan

, Priest, Dharma teacher, counsellor, Gov. Advisor (1998-present)

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**Do Purohitis in temples have siddhis? Chanting Om namah shivaya will give siddhis. So do Purohit have siddhi?**

This is a class one mistake.

“**Purohitis**” do not work in temples - they are “domestic priests” - like the doctor who makes home visits.

The priests who serve in temples are called “**archakas**” and they recite hundreds of different mantras and they work for the sake of money and so are highly unlikely to have *siddhis*.

The only temple priest I know of who is reputed to have had **siddhis** is Sri Ramakrishna Paramahansa.

There may be others but they are not known to me.

195

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### Muralidhara Subbaraya

, Software Engineer (1991-present)

Answered 2 years ago · Author has 250 answers and 701.6K answer views

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#### What are some siddhis that have been documented in yogis and other spiritual people?

Siddhi's are 8 types. Supernatural powers are kind of infinite. It depends on the person. Some one can become a touch healer may not become trikala jnani and vice versa.

##### 1. Aṇimā:

Ability to reduce the size of the body, sometimes even to the size of the atoms. ('**Becoming smaller than the smallest**' as described in Srimad Bhagavatam by Lord Krishna)

**Example:** Hanuman had reduced the size of his body while he was searching for Sita in Lanka.

##### 2. Mahima:

Ability to assume a gigantic form ('**Becoming larger than the largest**' as described in Srimad Bhagavatam by Lord Krishna)

##### Example:

1. Hanuman assumed a huge form to burn Lanka, he also assumed big form to fight Kumbha Karna
2. In Vaamana avatar Lord Vishnu increased his form which was so gigantic that it only took him three steps to cover all three worlds

##### 3. Garima

Ability to become very heavy in weight by will

**Example:** Lord Hanuman made his tail very heavy that even Bhima couldn't lift it (Bhima who was climbing the GandhaMadana mountains to get Saugandhika flowers for Draupadi was stopped by a monkey whose tail was on the way, Bhima orders the monkey to take the tail off the road, monkey being old tells him to move it himself, but Bhima couldn't even lift the monkey's tail)

##### 4. Laghima

Laghima comes from the word laghu, which means small or light. Laghima is the ability to make the body very light ('**Becoming lighter than the lightest**'). Levitation and flying in the air are its subsidiary powers

##### 5. Prāpti

Word praapti means 'to obtain', 'having obtained', 'to have got'. Thus praapti is the ability to acquire anything anywhere.

##### 6. Prākāmya

The ability to obtain anything desired, ability to have realized the dreams

##### 7. Iṣṭva

Iṣa=lord; isitva=lordship; The power of absolute lordship over entire creation

##### 8. Vaśitva

The ability to have everything under control, especially the physical manifestation made up of 5 elements

3.7K views

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Cici Bren

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**Bhaskar Acharya**

, Attended Himalayan meditation camp

Updated Dec 10, 2021 · Author has 66 answers and 19.1M answer views

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### What is the essence of tantra, alchemy, siddhi, black magic, and occult practices?

Thousands of years ago a great awakened Guru was sharing the knowledge of awakening with his disciples in the sacred Himalayan region. (Can you guess which great Guru I am talking about?)



Guru ji said:

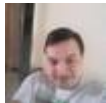
*This world you see around is just an illusion. Nothing here is real. Its just like a dream world, which seems real when you are in it, but it is not real. Everything is temporary. Even your own body is temporary. You can only suffer if you are attached to something or someone. No attachment, no suffering. Enjoy each moment as if you are watching a drama.*

After listening to this statement, few disci

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### Sreejit Sreedharan

, Bachelor of Engineering from University of Mumbai (2006)

Answered 4 years ago · Author has 101 answers and 168.3K answer views

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### Does anyone get Siddhi by meditation?

Siddhi or psychic powers are developed when we start practising Kundalini meditation.

There are basically 8 siddhis. These siddhis are developed through intense meditation. The Kundalini energy is situated at the base of the spine in a dormant state. When we start practising Kundalini meditation, this energy gets awakened and starts penetrating the 7 chakras one by one.

When it finally reaches the Sahasrara chakra, there is an awakening of various psychic powers.

Our end goal of life is not to acquire these psychic powers or siddhis but to become enlightened and realize God.

Most people often forget the real goal when they acquire these siddhis. These siddhis should be viewed as a gift from Almighty God. We should never misuse these siddhis, else there is a chance of losing these powers.

Our main goal must always be Self Realization and not the mere accumulation of these occult powers. ☺

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## Ranjiv Kurup

, Author of The History and Philosophy of the Hindu

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**I am doing Kurma Moola Mantra. It is said that after chanting it for 72 days for 108 times we can achieve its mantra Siddhi. What will happen after I get Siddhi? Will Lord Kurma guide me?**

Kurma?

Why? Is that in your job description?

Dharma is the essence of who you are, and how it finds expression in this world, mostly as the work you do as a useful, productive member of society. Chanting is primarily a way of life for a Brahmin. That's part of their JD. And the way in which they serve humanity.

Seek *siddhi* in what you do for a living. Back up that carya with a bit of kriya, jnana, and yoga.

1



## Catherine Suraya Prem

, Spiritual Teacher at The Way.

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**Are siddhis real? I understand that yogis meditate for Enlightenment, to be in union with Brahman. Yet, I hear that the process also gives yogis/rishis siddhis.**

Siddhis are real, except when they are not. For example some fake gurus will use tricks to try to convince people they have Siddhis when they don't. Tricks like making precious stones appear in their palms, or materialising objects. Some make Siddhis the enticement to people to become their followers and there is one Guru on the scene now who speaks of little else except acquiring these powers.

Acquiring powers should not be the focus of the spiritual path if we are interested in truth, awakening and liberation. In fact Siddhis should be given little attention at all, although they may happen, there is no need to become involved or enamoured of them.

Siddhis are real, and come to some as a by-product when Kundalini Awakens. Neem Karoli Baba for example reportedly had the power to read people's minds and see their history.

If Siddhis are pursued and used for their own sake, and the yogi or yogini becomes fascinated with them they will stop spiritual progression and Moksha/Liberation. To reach the goal of Enlightenment Siddhis are forgotten although they still may continue to operate on occasions if it is helpful to others, without the danger of egoic involvement.

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Abhishek

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**Kaivalya Dharmananda**

, Online Yoga Meditation Teacher at Spiritual Management Academy (2002-present)

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**How do you obtain the siddhis?**

Meditation generates siddhis naturally. Without siddhis progress in meditation is not achievable. If our meditation has not generated several siddhis, it means we have not learned meditation.

**‘Yoga Sutras of Patanjali’ lists all the siddhis.** An occasional mystic experience is not siddhi. Siddhi is the capability of unfailing regular repetition and demonstration at will. We can explain all siddhis through underlying scientific principles. We accomplish Enlightenment with Samadhi only after all siddhis are well established.

All humans are born with the five reception organs of eyes, ears, nose, tongue, and skin. Each of the five human sensory organs have dual sensory reception capabilities. External and internal. External sensing abilities are enabled from birth by default. Internal sensing abilities can be turned on and enabled through meditation.

Meditation connects the internal reception and transmission of human sense with 5 main elements of nature of earth, water, fire, air and space. Siddhis result from communication between human senses and nature. We learn siddhis of the powers of nature through 5 internal sensory organs.

Any technique of meditation, whatever name we call it, has to be woven and developed towards blunting the reception of external sensory system for sharpening the internal sensory system for communication and transmission with nature at a subtle, spirit level.

We do the blunting of external senses through self-control. The modalities of ‘do and do not’ for self-control are selective and transitory for a time being during training and not for lengthy duration. We reduce external reception abilities through meditation to build up internal reception and transmission abilities.

Even at the least level of command over five senses, one can concentrate and get instant solutions on any issues better than a standard person. It shows in terms of a high success rate, with fewest efforts, in everything. This is ‘spiritual awakening’, some call ‘kundalini awakening’. This is the first siddhi of meditation and basic encouragement to proceed forward. All other siddhis follow the spiritual awakening. At the highest level of self-control, enlightenment is accomplished with samadhi.

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**Snlkmrify**

, lives in India (1988-present)

Answered 7 months ago · Author has 169 answers and 191.7K answer views

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#### How do I attain Siddhi of the Panchakshari Shiva Mantra?

Depends on how much you want it, besides that you shouldn't aspire for siddhis, you should always chant it for the love of God, you should always only love God because he is the ultimate truth behind this world of Maya, you should play all your roles of material existence like father, son, friend as a very role player without any attachments, but we usually do the opposite we love all our relatives unconditionally & forget to love god



Om Namah Shivaya mantra generates several sound waves per second. These waves enhance human intelligence to the optimum level. Chanting Om Namah Shivaya slowly during Meditation gives Harmony, Concentration, and strength, Lord Shiva symbolizes the Maharudra means the one who wipes out the tears. If chanter chants the mantra with true devotion towards Sachidanand(Lord shiva) their mind, body, and soul go through the transcendental phase,

and they can even switch their dimensions, this is said to be one of the first mantras created by Lord Shiva himself, it carries tremendous power, chanting this mantra destroys all the sins and helps in accomplishing everything you desire

So chant this mantra slowly 108 times everyday or 1008 if you have enough time

Hope the answer was relevant

Jai Shri Ram

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[Malcolm Little](#)

Answered 3 years ago

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[What are siddhis and how can I get it?](#)

As Buddhist scholar Alan Wallace says,

*“In Buddhism, these are not miracles in the sense of being supernatural events, any more than the discovery and amazing uses of lasers are miraculous— however they may appear to those ignorant of the nature and potentials of light. Such contemplatives claim to have realized the nature and potentials of consciousness far beyond anything known in contemporary science. What may appear supernatural to a scientist or a layperson may seem perfectly natural to an advanced contemplative, much as certain technological advances may appear miraculous to a contemplative.”*

#### The 21 Siddhi Powers

*Past, Present, and Future walk into a bar at the same time. It was tense.*

Approximately twenty-five siddhis are listed in the third book of the Yoga Sutras. An exact number is difficult to pin down because the abilities may be interpreted in different ways, and there is some overlap.

But it is possible to view all the siddhis as variations on three basic classes:

**1. EXCEPTIONAL** mind- body control

**2. CLAIRVOYANCE**, the ability to gain knowledge unbound by the ordinary constraints of space or time and without the use of the ordinary senses; includes precognition and telepathy

**3. PSYCHOKINESIS** or mind- matter interaction, the ability of the mind to directly influence matter

Fifteen of the siddhis fall into the category of clairvoyance, four fit into the category of psychokinesis, and six in mind- body control. The siddhis listed here are in the order in which they appear in the Yoga Sutras: PADA III. Sutra 16. (This will be abbreviated as III.16 in succeeding sutras.) Knowledge of the past, present, and the future, resulting from samyama on the nature of change. This is clairvoyance through time, commonly called precognition when the information obtained is from the future, or retrocognition if it is from the past (and is not simply memory).

**Siddhi III.17. Knowledge of the meaning of sounds produced by all beings**, resulting from samyama on the “third ear,” or the concept of sound, words, or hearing. This may be interpreted as a form of clairvoyance, or telepathy that extends beyond human minds and includes animals, insects, and other species. More generally it is known as clairaudience.

**Siddhi III.18. Knowledge of previous births and arising of future births**, resulting from samyama on one’s latent or inherited tendencies. This is clairvoyance on an aspect of consciousness that does not arise from the body and is sustained after bodily death. A similar siddhi is described in Sadhana Pada II.39, translated as “When non-greed is

confirmed, a thorough illumination of the how and why of one's birth comes."17 III.19–20. Knowledge of minds, resulting from samyama on one's own mind or another's mind, both of which from a holistic perspective are part of the universal mind. We now call this telepathy.

**Siddhi III.21. Disappearance of the body from view**, as a result of looking at the body with the inner eye. This is sometimes translated as the power of invisibility, because the Sanskrit aphorism contains words suggesting a "suspension of the coarse or limited projection of the body." But it may also be interpreted as the ability to perceive aspects of the body that are beyond the limited scope of the ordinary senses. In other words, we could interpret this as clairvoyance, or perhaps as psychokinesis.

**Siddhi III.22. Foreknowledge of birth, harm, or death**, resulting from samyama on sequences of events in one's past and present. This again is a form of clairvoyance.

**Siddhi III.23. Loving- kindness in all**, resulting from samyama on friendliness, compassion, or sympathetic joy. This can be interpreted to mean that when one is imbued with joy, that state may induce similar feelings in others. This may be interpreted as an unintentional or field like form of psychokinesis.

**Siddhi III.24. Extraordinary strength**, resulting from samyama on the concept of physical strength (the aphorism specifically mentions the strength of an elephant, which was undoubtedly the strongest creature in Patanjali's world), but it might also include mental, moral, or spiritual strength. This could be interpreted as an exceptional form of mindbody control or as a mind-matter interaction effect. Swami Satchidananda sums up this siddhi with the comment, "You can lighten yourself; you can make yourself heavy. It's all achieved by samyama. Do it; try it. Nice things will happen"

**Siddhi III.25. Knowledge at a distance**, resulting from samyama on the "inner light," which in Western esoteric terms is known as the "subtle body" or the "light body." This siddhi includes knowledge of hidden objects, or clairvoyance.

**Siddhi III.26. Knowledge of the outer universe**, resulting from samyama on the solar principle, which could include the sun as a planetary body, or the concept of the solar plexus, one of the principal "subtle energy" centers or chakras in the human body. A more detailed translation of this siddhi would require a major diversion into esoteric yogic concepts where aspects of the human body, some physical and others more subtle, are mapped onto aspects of the cosmos. This arcane symbolism is outside the scope of the present book, so we may simply interpret this siddhi as clairvoyance of macroscopic objects and systems.

**Siddhi III.27–28. Knowledge of the inner universe**, resulting from samyama on the lunar or chandra principle, or the "pole star." As with the previous siddhi, to avoid diverting our attention to esoteric lore that is not within the capacity of science to evaluate, we will interpret this as clairvoyance of microscopic objects and systems.

**Siddhi III.29. Knowledge of the composition and coordination of bodily energies**, through samyama on the navel chakra or manipura chakra. This siddhi may be interpreted as an exceptional mind- body connection, or as a self- healing ability.

**Siddhi III.30. Liberation from hunger and thirst**, through samyama on the throat. This siddhi is known as inedia within the Catholic tradition, or more popularly as breatharianism (living on breath alone, without food, and in extreme cases, without water).

**Siddhi III.31. Exceptional stability, balance, or health**, through samyama on the kurma nadi, the root of the tongue. This siddhi refers to mind-body knowledge leading to exceptional health or self-healing.

**Siddhi III.32–36. Vision of higher beings, knowledge of everything that is knowable, knowing of the origins of all things, knowledge of the true self**, through samyama on the crown of the head, intuition, the spiritual heart, the self, or the nature of existence. These siddhis are forms of refined clairvoyance.

**Siddhi III.37.** Siddhis may appear to be supernormal, but they are normal. This is not a description of a siddhi, but rather a caution to avoid regarding or attaining the siddhis as unnatural or supernormal, as that could become a distraction to sustaining and deepening samadhi.

**Siddhi III.38. Influencing others.** This siddhi suggests that a highly realized yogi who is adept with the previously described siddhis can not only know about others, but also influence them. This is related to the concept of shaktipat, the ability to transmit spiritual energy to others through one's gaze or presence. In laboratory jargon, this phenomenon is known as "distant mental interactions with living systems." It may be interpreted as a sort of field effect due to the rarified mental state that the yogi embodies, which acts like a radiating beacon that influences everyone in the vicinity. This siddhi is also related to a sutra described in the second book of the Yoga Sutras, Sadhana Pada. The translation of Sutra II.35 reads: "In the presence of one firmly established in nonviolence, all hostilities cease."

**Siddhi III.39 and 42. Levitation**, through samyama on the feeling of lightness.

This siddhi is said to allow the yogi to float, hover, fly, or walk on water. It could be interpreted as a highly advanced form of psychokinesis.

**Siddhi III.40. Blazing radiance**, through samyama on “inner fire,” or inner energy. This has been interpreted in several ways, as possession of exceptional charisma, as an exceptional digestive ability that would allow one to eat huge amounts of food or withstand toxic substances without harm, or as exceptional control of bodily energies. We will interpret it as an exceptional form of mind- body control.

**Siddhi III.41. Clairaudience**, through samyama on the area behind the ear. This siddhi allows one to hear the “conversations of the enlightened ones, the subtle mental conversations of others, the celestial music, and receive messages through the ether both awake or while asleep, as if they were spoken or whispered whether or not they exist through the medium of sound waves as such.” In other words, this is a refined form of clairvoyance or clairaudience.

**Siddhi III.43. Freedom from bodily awareness and temporal attachments.** This could be interpreted as a state of perception from out- of- the- body, or as a form of clairvoyance.

**Siddhi III.44–45. Mastery over the elements**, through samyama on the elements, enabling manipulation of matter, including the size, appearance, and condition of the body. Variations of these abilities include the fulfillment of any desire, or to create or destroy material manifestations; a highly refined version of psychokinesis.

**Siddhi III.46. Perfection of the body.** This could be interpreted as a melding of exceptional mind-body control combined with psychokinesis. It would manifest in extreme cases as indefinite life extension, as incorruption of the body after physical death, perhaps as the “rainbow body” in Tibetan tradition, in which the corpse does not decay but rather slowly fades away and turns into colored lights.

This list covers Patanjali’s classic siddhis; many other variations of these superpowers can be found in mystical texts from other traditions. They include bilocation (the ability to simultaneously appear in more than one location); the ability to move very fast or cover great distances in a short time; the ability to stay comfortably warm in extremely cold temperatures; the ability to suspend breathing or to hibernate indefinitely; the ability to bestow siddhis to others; the ability not to be harmed by fire; and the ability to change the weather.

### **Danger**

Before we begin our scientific examination of the siddhis, it is noteworthy that Patanjali and others specifically highlighted the dangers of dwelling on the siddhis. Patanjali states in Sutra III.51 a warning that may be translated as:

*Avoid invitations to display or identify with any accomplishments in yoga, including the siddhis, even if invited by a respected person, because this can reinforce one’s sense of separate self, leading to ego, pride, and arrogance, and this becomes an impediment toward further spiritual unfoldment. There are many ways that this trap can manifest. If personal pride or greed causes one to be seduced by the ever-present challenge of proving one’s abilities to skeptics, such as using psychic abilities to win a prize, then the power gained by that seduction is likely to corrupt the ethical restraints that are the very first lesson to learn on the eightfold path. That “power corrupts” is an unavoidable truth in human affairs, and the consequences of the fall in this case are profound because the goal of achieving enlightenment, which requires far more discipline than simply developing clairvoyance, is lost. Even if one does not personally identify with an attained siddhi, and instead attributes it to one’s teacher or a particular lineage, the damage is done.*

**This means that from a scientific perspective it may be exceptionally difficult to find people who have achieved these rarified states and are willing to demonstrate them, because paradoxically they have reached those states precisely because they have not demonstrated them in public.** When I have asked yogis who appear to have reached some level of mastery to participate in laboratory tests, only on very rare occasions have they agreed to do so. They usually performed remarkably well, but when I ask how they did it, or to do it again, they just smiled. Fortunately, attaining siddhis is not an all-or-nothing affair. They are not instant phase shifts that appear out of thin air, but rather they’re stable versions of weaker effects that some people can demonstrate some of the time. If this were not so, then science would never have learned anything about the siddhi

For further reading kindly go through *Supernormal: Science, Yoga, and the Evidence for Extraordinary Psychic Abilities* : Dean Radin

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## Satyabhama Ashley-Farrand

, Have studied mantras and pujas since 1980. I am a Vedic priest and teacher.

Answered 4 years ago · Author has 513 answers and 1M answer views

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#### What are good mantras for obtaining siddhis?

The Gayatri Mantra is best, because it not only brings siddhis on the way to enlightenment, it gives the chanter the wisdom not to misuse them. Other gifts of the Gayatri Mantra are good health and protection.

21



## Athena Sharma

, Founder and Owner

Answered 4 years ago · Author has 1.1K answers and 4.3M answer views

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#### What is a mantra siddhi, and how does one confirm it has been done?

Siddhi of anything is to achieve the desired results. Although I do not agree with other quorans here that it will lead to good health and wealth always, rather for some tamsik mantras and vaam marg mantras, your health may decline. The mantra siddhi is the process by which you attain control over that mantra, your body and soul is aligned with its energy, your Chakra vibrate with its rhythm, and it will give “Desired” results. Such desired results may be good or bad. Mantra siddhi requires a very difficult and disciplined rituals and recitals to be followed, even a single mistake and you may nit achieve what you aim for. How to see whether mantra siddhi is achieved? Well many many ways for this, depending upon the type of mantras:-

Best way is when you saw the deity himself or herself in reality. It happens in extreme mantra siddhi where deity comes to give boon. This is not myth or story, many people even today's age have achieved this. Second is indications like dreams, voices, experiences etc which indicates that deity is happy. Whatever you say starts happening, or you may see events of future which came exactly as you saw. You may start helping people, name, fame, instant recognition etc. And also, if inner peace comes to you, you became more silent, more wise then also mantra siddhi is achieved.

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## Uthra Sriram

, My mother tongue, and one of the best languages, ever!

Answered 6 years ago · Author has 339 answers and 929.5K answer views

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### Has anyone ever met a Siddhar?

Originally Answered: Has anyone ever met a Siddhar ?

I haven't met one personally, but my mom has; she used to say that when she was growing up, her dad, my grandpa had a friend who was a siddhar; he used to visit my grandpa's house frequently, and he had taught my mom, and my elder aunts & uncles to identify all the different greens, and their medicinal purposes.

My mom could identify many of the wild growth wherever we went...she would identify their family, and their uses!!

Here I'm talking about those siddhars who were considered the medicine men of TN ages ago. Not the religious ones or those who practiced the occult traditions.

If you know Tamil, enjoy; my mom used to say this little rhyme (that the siddhar used to say) that starts like this:

"neerai surukki, neyyai urukki

paalai kurukki, morai perukki..."

these are the only lines I can recall, but you can see how great the entire poem would have been!!

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### Satyabhama Ashley-Farrand

, Have studied mantras and pujas since 1980. I am a Vedic priest and teacher.

Answered 1 year ago · Author has 513 answers and 1M answer views

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#### Which mantra gives siddhis rapidly?

None. Spiritual growth can take one or many lifetimes. Siddhis are not the goal for spiritual people and are warned against by many authentic gurus over thousands of years.

That said, to begin a spiritual journey chant the master mantra, the Gayatri Mantra.

4



### Pradip Gangopadhyay

, lived in The United States of America (1979-2010)

Answered 7 years ago · Author has 11K answers and 6.9M answer views

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#### What is "vacha-siddhi"?

Originally Answered: what is " vacha-siddhi " ?

People who have never lied in their entire life are supposed to gain vak-siddhi where whatever they say comes true. One can also gain this siddhi through spiritual practice.

10

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### Prabhu K.S.B.

, Have practiced and read a lot about Mantra Japa.

Updated 1 year ago · Author has 3.9K answers and 7.1M answer views

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[How many mantra siddhis can an individual get? Is it conflicting to have 2 or more mantra siddhis? What's the common mantra siddhi for astrology and for progress in spirituality?](#)

Repeating mantras without seeking anything in return purifies the mind. When purity of mind is attained, any number of mantras can be perfected.

One can get a mantra from a guru or pray to ones Isha devata and start repeating the mantra of the devata.

Only one mantra at a time without expecting returns. That mantra will solve all problems and also give liberation.

When siddhi is attained due to purity of mind, that purity will quickly give siddhi in other mantras also.

7



### Satyabhama Ashley-Farrand

, Have studied mantras and pujas since 1980. I am a Vedic priest and teacher.

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[How can I get a mantra of Siddhi powers?](#)

The Master Mantra for Enlightenment, the Gayatri (preferably long version) will not only bring siddhis to those who chant it a lot daily, it will also bring the wisdom not to abuse them.

6

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### Prasad Chitta

, Practiced rAja yOga and achieved its results!

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[Have you ever met a Yogi who has attained any Siddhi powers? Can you share your experience?](#)

I met several yogis with special powers. I met a yogi who can be lighter than the air, some yogis who float on water, some who can read anyone's mind and so on....

But, There is a fable of Sri Ramakrishna that I remember:

Once a yogi came to Sri Ramakrishna and said I have crossed Ganga by walking on the water to cross it. Ramakrishna asked him “How long did it take to attain the siddhi?” yogi replied, 25 years of intense practice. Ramakrishna said: oh, you wasted 25 years of precious life for t...

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### Singara Naga Rajan

, studied at Anna University, Tamil Nadu, India (2005)

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#### [Where can we find real Siddhars in Tamil Nadu today?](#)

Siddhars are moving around everywhere, without identifying themselves, because they don't need anybody's attention.

If any body wants to see him, he has the purity and honesty to meet him and siddhar should also take him granted to give darshan to him, otherwise one could not meet him even though he will be moving around.

6



### Prasad Chitta

, Various positions related to software architecture (1993-present)

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#### [How is mantra Siddhi done?](#)

mantra siddhi is not “done”; it is attained.

*mananAt trAyatE iti mantraH* -> The definition of mantra is that “by continuous remembering, it delivers and protects.”

*siddhi* is about readiness. siddha is one who is ready. who has attained or who had deserved a result is a siddha.

So, a seeker or a practitioner is protected by continuously remembering the formula provided by the mantra.

The practitioner, over a period of time made ready to receive the higher dimensional reality by the power of mantra as described and by following the prescribed practice.

So, *mantra siddhi* is the state of readiness and the attainment of such deserving position.

---

There are several types of mantras. mantras with a specific meaning; mantras with a specific power; mantras giving a specific strategy; mantras revealing the knowledge; mantras with seed sounds arranged in a specific order etc., Each mantra will come with a clear instruction on how to practice it. This need to be received from a person who has already used this mantra and achieved the stated result. This person is called Guru. The director who guides the seeker on the path.

**Warning: Never practice a mantra without a Guru.**

---

There are some '*mahA mantras*' the great formulas resulting in realization. They will not give any thing other than supreme realization. Such mantras are declared by sages for anyone's use. The best of them is "*harE rAma harE rAma rAma rAma harE harE; harE kRSna harE kRSna krSNa, kRSNa harE harE*" that consists of 16 words. By repeating this mantra for 35 million times anyone will be purified of all worldly defects and becomes eligible for supreme knowledge. Hence *mantra siddhi* is attained by practice i.e, *saadhana*.

---

Hope this helps!

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#### Is it possible to see ghosts/spirits of the deceased through tantra, meditation, or siddhi?

The Bible says yes, but intensely discourages appealing to it, for seeking to talk to the dead is similar to seeking their intercession as occult forces in favor of that individual in one way or another. A sphere where such intercession is prevalent is engaging in illegal business like brewing dangerous banned liquors, or if one routinely engages in crime, as without occult help one can't rely on purely random ability to escape the police. Indeed, talking to the dead and seeking their assistance is the foundation of traditional religion, and instances of seeing parents in dream, talking to them are fairly routine material in occult or religious experience generally. To be sure, this is the very essence of religion as these ancestors, when they were at the root of a major branch of post-Flood civilisation were elevated to be deities, raising the perennial issue of universal vs local deities as often it is a matter of name shift, but essentially it is a matter of differentiation. These methods of communicating with them, and at times the rules to be followed for the priest to obtain an answer other than in direct communication are outlined in numerous ways, be it psychic penetration like the ones the questioner cites, or more formalised methods like the signs of the zodiac, etc

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#### Judy Hagar

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### When do yogis get power or siddhis in meditation?

There's no predictable time frame. It's not like you can say, OK, after 10 years of practice, this will happen; after 20 years of practice, that will happen. Some people practice their whole lives without having any siddhis arise. They can also just arise suddenly in someone who has no expectation or knowledge about them. But they are not something to get caught up in; they are not important and not the goal of practice.

2



### Gopal Sinha

, former Civil Engineer

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### Which Hindu Gods have Ashta Siddhis?

All the major Hindu deities have immense power to do anything at will, however it is Hanuman, who was blessed by Sita to acquire all the eight types of skills and nine types of wealth--ashta siddhi, nav nidhi ke data, as var dinh Janaki mata-- and he actually displays those skills-- anima, garima, mahima etc, like changing his form from very small to very large etc., during his search for Sita in the captivity in Lanka.

7



### Omkar Krishna

, Project Lead (2019-present)

Answered 7 years ago · Author has 139 answers and 183.9K answer views

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[Who does know Laghima Siddhi , if you know please describe procedure?](#)

You can't find a single person having that siddhis who answers here. You should search a lot for such kind of people. My intention is to say you to search a guru.

3



#### Shree Sharan Kumar

, former Works at IIT-Madras as a Senior Executive at Indian Institute of Technology, Madras

Answered 4 years ago

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[Is Bogar 7000 a yoga-based book?](#)

Yeah! Definitely a yoga based book. You see here

**ஐபாகர்** or **Bogar** or *Bhogar* or **Boganathar** has been described in varying traditions as a [South Indian Tamil siddhar](#) who lived sometime between 550 and 300 BCE.

Bogar went from Tamil Nadu to China and taught about enlightenment, he mentioned that one of his songs "Bogar 7000, song 6".

Bogar is considered as a contemporary of [Thirumoolar](#). [Samadhi](#) for Bogar is reported in at least six places in Tamil Nadu.

I attach a book link in this you can find from this post.

[Bogar 7000 1m Kaandam](#)

4



#### Prabhu K.S.B.

, I am a Hindu.

Updated 1 year ago · Author has 3.9K answers and 7.1M answer views

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[Among the ten secondary "siddhis" that were described in Bhagavata Purana by Lord Krishna, one of the most interesting siddhis is "parakayapravesha," where a soul can enter others' bodies. Is there any person alive in today's world with such tantric powers?](#)

बन्धकारणशैथिल्यात्

प्रचारसंवेदनाच्च

चित्तस्य

परशरीरावेशः

॥३९ ॥

(Patanjali Yoga Sutras)

Translation and commentary by Swami Vivekananda

39. When the cause of bondage of the Chitta has become loosened, the Yogi, by his knowledge of its channels of activity (the nerves), enters another's body.

The Yogi can enter a dead body and make it get up and move, even while he himself is working in another body. Or he can enter a living body and hold that man's mind and organs in check, and for the time being act through the body of that man. That is done by the Yogi coming to this discrimination of Purusha and nature. If he wants to enter another's body, he makes a Samyama on that body and enters it, because, not only is his soul omnipresent, but his mind also, as the Yogi teaches. It is one bit of the universal mind. Now, however, it can only work; through the nerve currents in this body, but when the Yogi has loosened himself from these nerve currents, he can work through other things.

#### Powers

We hear that Adi Shankaracharya also entered the body of a king.

Anyway, all teachers including Patanjali taught not to think of all these powers as they block further progress.

3.2K views

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#### Venugopal Sistla

, Mechanical Engineer with 40yrs experience, Engg consultant

Answered 3 years ago · Author has 1.4K answers and 509K answer views

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#### Is there anyone alive with real yoga siddhis like mahima or anima?

yes you can find them in Himalayan region. They can walk on water and their age above 150 to 200yrs. Every one should know that if our rate of respiration is 13 times a minute can easily live 165yrs which is possible only with yoga.

Related questions

What is a mantra siddhi and what happens after that?

What is "vacha-siddhi"?

What are the symptoms of mantra siddhi?

I have something that is similar to Vaak Siddhi & having a lot of trouble controlling. Without saying out loud things start to happen by just thinking and it's too much. Are there any techniques for a better understanding aside from meditation/yoga?

What are some siddhis that have been documented in yogis and other spiritual people?

How do you obtain the siddhis?

How can I get a mantra of Siddhi powers?



Has anyone here seen a sadhu (yogi) with siddhi (spiritual powers)? If yes, where? Additionally, is there a way to understand siddhis from the scientific point of view?

What is Mantra Siddhi?

Are siddhis real? I understand that yogis meditate for Enlightenment, to be in union with Brahman. Yet, I hear that the process also gives yogis/rishis siddhis.

What happens exactly when you gain mantra siddhi?

What is a mantra siddhi, and how does one confirm it has been done?

I saw a man actually materialize something in the air, is that a Siddhi? He was a Master with quite a following.

How is mantra Siddhi done?

What is Panchguli Siddhi?

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What is "vacha-siddhi"?

What are the symptoms of mantra siddhi?

I have something that is similar to Vaak Siddhi & having a lot of trouble controlling. Without saying out loud things start to happen by just thinking and it's too much. Are there any techniques for a better understanding aside from meditation/yoga?

What are some siddhis that have been documented in yogis and other spiritual people?

How do you obtain the siddhis?